

FALLS OF LORA - stunning

WHEREVER you go in the West Highlands you'll see lochs, some fast-flowing, some sleepy, all of them beautiful. At the village of Connel when the tide is right you will see the fantastic rapids known as the Falls of Lora where stunning Loch Etive meets the tidal flows of the sea. This is a sight to behold as the loch is higher than sea level and when the loch waters level with the sea it's a fine fast-flowing spectacle. Canoeists regard the falls as a great challenge and it's great watching them fight the flow.

Connel is at the mouth of Loch Etive and the home of one of the best-known landmarks in the West Highlands - the Connel Bridge. This cantilever bridge opened in 1903 and is a popular vantage point for watching the famous falls at high tide.

Connel itself grew in the late 1600s to service the ferry from here to North Connel long before the bridge was built. The nearby Connel airfield (actually at North Connel) was a Second World War airstrip which has now being completely renovated and restored to create an airfield which caters for scheduled flights.

The Lochnell Arms Hotel at North Connel, five miles from Oban, is an ideal base for touring the West Highlands. It's easy to reach - just head over the bridge from the Oban side, take the first left and it's 200 yards up the road on the left.

Its comfortable rooms look out over the falls and the mouth of Loch Etive and friendly staff make every effort to fulfil all your requirements.

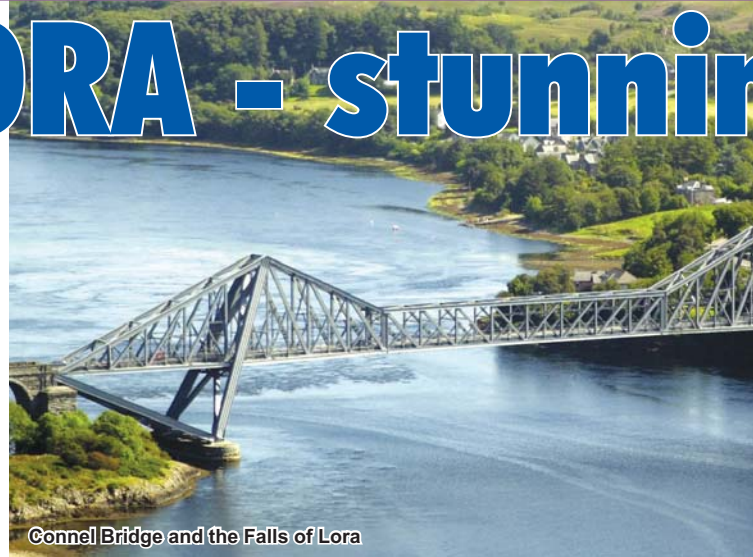
The Lochnell Arms Hotel prides itself on using local produce, much of it caught literally on its doorstep. It offers fresh mussels daily from Loch Etive and langoustines caught by local fisherman Gordon Lamb.

Divers collect its scallops off Mull and in addition it serves the finest Scotch beef as well as lamb which feeds on the slopes of Argyll. The hotel serves lunches and

high teas as well as dinners and on Sunday there's a popular carvery. Its two bars serve the finest Scotch whisky including many rare brands, as well as tea and coffee.

Your kids are not forgotten either and meals for the little ones include 'minnow' fish and chips and burger and chips. Its extensive menus also cater for vegetarians. Prices for main meals range from £7.25 to £14.95. The Lochnell Arms is totally non-smoking.

North Connel not only covers the left side of the main



Connel Bridge and the Falls of Lora

road to Fort William, it's also on the right along the narrow road to Bonawe quarry on the shores of Loch Etive.

This road takes you past historic Ardchattan Priory, founded in 1230 by Duncan McDougall for the Valliscaulian order of monks. Its gardens are open to the public between April and October. Back on the Fort William road and the next village is Benderloch. This pretty village lines both sides of the road and there are some really fine walks to be found here, both gentle strolls or the more arduous trek up Ben Lora whose summit offers spectacular views.

Ardmucknish Bay has a splendid long curved beach ideal for walking or exercising your dog. It's a perfect picnic place and is easily accessible from the village car park or by foot from the South Shian road. Along this road you'll find a true home from home at Tralee Bay Holiday Park.

This multi-award winning five-star holiday park offers luxury lodges and caravans among 26 acres of gorgeous woodland sweeping. Ardmucknish Bay and its long sweep of beach is just a short walk away for kids to play to their heart's content.

There's plenty to see round about but with the park's stunning location you may never want to leave it. Its three and four-star luxury lodges supply you with everything to make it a holiday haven. Verandahs let you enjoy the views while inside everything is superbly appointed and includes en suite showers, luxury bathrooms and central heating. The spacious two and three-bedroom top-of-the-range centrally-heated caravans are all 2007/2008

models - new for you for this year.

For sale 46 x 20 three bedroom luxury lodges from £150,000.

Kids will just love the park. Apart from the beach there's miniature golf, a duck pond and a children's play area. Barbecue equipment is available so Dad just needs to don his apron and get cracking - there are plenty of picnic tables for al fresco family meals. At Benderloch, just up the road, there's a store for all your catering needs, as well as a garage.

With its passion for conservation and the environment it's no wonder Tralee received The David Bellamy Award Gold Award for its efforts. Its five-star status was given by Scottish Holiday Parks. So with Tralee offering true gold-star status your holiday is bound to be golden too.

Wherever you see the 'Forestry Commission Scotland' sign, the woodland is yours to enjoy on foot, bike or horseback. At most sites, a carpark and waymarked trails will be easy to find, but there could also be picnic tables or a wildlife hide and you can be sure that we'll point out any places of interest, natural or historic.

You'll discover some of the best forests of Scotland in Argyll and the Islands. From the Isle of Mull to the Mull of Kintyre, from wave-tossed shore, through tranquil glen, over mountain slope. Wildlife abounds, from otter to eagle to dragonfly. And history beckons, amongst the ruins of Aoinneadh Mòr clearance township in Lochaline and the ancient woodlands of Glen Nant near Taynuilt, Lochaweside and Knapdale near Lochgilphead, which has stunning views of Jura and Scarba from its

trails. Visit Beinn Lora in Benderloch or Aros Park on Mull for wonderful coastal views, or stroll along the gentle lochside route accessible to all at Glencoe Lochan.


Cycle along mile after mile of quiet forest roads with better views around every corner or try the Achnabreck Fire Tower Trail, a compact, red and black-graded mountain bike trail

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Tralee Bay Holidays

Top Graded 5 star, Tralee Bay Holidays has been a David Bellamy Gold Award Park for the last 5 years.

Located on the West Coast of Scotland near Oban, overlooking Ardmucknish Bay, the wooded surroundings and sandy beach make Tralee the ideal destination for a self-catering lodge or caravan holiday at any time of the year.

The Park offers something for everyone with play area, Mini golf, fly fishing, nature walks and boat slipway. Set in breathtaking Highland countryside, the gateway to the Isles.

All caravan accommodation 2007/2008 models
Lavishly furnished lodges for hire or sale
Pets Welcome

Tralee Bay Holidays, Benderloch, by Oban, Argyll PA37 1QR
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